In this week's Kukini



■ The Friends of Hickam sponsors its popular fishing tourney, so sign up your keiki soon A3

News Notes

Lane closure: The DV Lane (far left lane) at the Main Gate will be closed for maintenance on Monday, May 4, from 9 a.m. hrs to COB. Please adjust your schedules to allow for extra time while entering.

No need to dial '94' starting tomorrow — Dialing 94 before placing a Defense Switch Network (DSN) call for most of us is a guessing game depending which telephone switches you are using to make a call on Hickam AFB. The access code "94" will no longer be required to place any routine DSN call beginning May 2. Placing a call within the DSN 315 area code will only require 7 digits; all remaining area codes of the DSN network will require a appropriate area code. POC is Sue Lewis 15 CS/SCOIV 449-

Big craft fair tomorrow — Visit the annual Spring Craft Fair and Family Fun Day at the Arts & Crafts Center on Saturday, May 2, which will be open to the public. There will be original handmade crafts, gifts for Mother's Day, the 7th Annual Family Dog Show, food, entertainment, pony rides, prizes and more to enjoy.

SAAM Clothing Drive —
The SARC office will be hosting a clothing drive for Sexual
Assault Awareness Month
(SAAM) today, May 1, from 10
a.m.-6 p.m. at the Base
Exchange (BX). All donations
will benefit the Windward
Women's Abuse Shelter. POC is
Lt. Bonita Allen at 449-3510.

Bellows NAF sale —

Bellows AFS will be having a NAF SALE on May 9 from 8 a.m.-2 p.m. at Family Circle; 8 a.m.-9 a.m., Active Duty card-holders and dependents; 9 a.m.-2 p.m. all other Military card-holders and dependents. Check out the Web site for more information www.bellowsafs.com.

Military Spouse
Appreciation Day — On May
8, 9 a.m.-noon, the Hickam
Airman and Family Readiness
Center is sponsoring a robust
Military Spouse Appreciation
Day to thank the spouses for a
job well done. The life of a military family is one of unique
challenges, and our spouses continue to meet these challenges

See NEWS NOTES, A6

ServicesB2CrosswordB3SudokuB3Hickam HistoryB3MoviesB4ClassifiedsB5-8

Commissary begins its 'no guest' policy today

By Senior Airman Carolyn Viss 15th Airlift Wing Public Affaire

HICKAM AIR FORCE BASE — Effective May 1, there will be a "no guests or visitors" policy at the Hickam AFB Commissary in an effort to ensure military privileges are truly reserved for military members and their dependents.

During the past few months, the Hickam Commissary has experienced a sharp growth in customers and accompanying guests, according to Col. Charles Baumgardner, 15th Mission Support Group commander, so military identification checks will be implemented to ensure only authorized patrons may

See COMMISSARY, A5



ILS Air Force photo by Ed Foste

Staff Sgt, Shannon McCann, a member of the 15th Mission Support Squadron, shops with her daughter, Alyssandra Peirano, at the Hickam Commissary last week. Effective today May 1, there will be a 'no guests or visitors' policy at the commissary, and only authorized users will be allowed.



Polishing the Pearl

Master Sgt. Farrell Thomas, Staff Sgt. Terrob Cook and Senior Airman Ryan Bruce of 15 MSS fill their trash bags during the April 23 'Polishing the Pearl of the Pacific' clean up. Among their haul were 'hundreds' of cigarette butts and numerous recyclable containers. According to the Civil Engineer Squadron, which lead the effort, more than 500 personnel participated in the cleanup, bringing in more that 150 bags of debris and other bulk trash items. The hard work was in preparation for the COMPACAF's Commander's Conference

Photo by Chris Aguinaldo

Base volunteers recognized

By Hickam Kukini Staff

HICKAM AIR FORCE BASE — Last week Wednesday, the annual Hickam Volunteer Recognition Ceremony saluted those who give their time to the base. Last Volunteer Week, which was appropriate as Hickam AFB's American Red Cross Volunteers, Readiness Assistance Volunteers and Advisors, and other volunteers were recognized for their significant contributions.

Congratulations to this year's awardees:

- Hickam Community Volunteers of the Year: Henry and Friedel Anderson
- Volunteer Spouse of the Year: Mrs. Xiaohong Sena.
- Volunteer Youth of the Year: Mr. Stephen Lawrence
 Volunteer
- Volunteer Community/Nonprofit Agency of the Year: the Wet Hens
- Volunteer Unit of the Year: 17th Operational

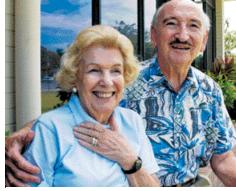


Photo by Chris Aguinaldo Friedel and Henry Anderson were named Hickam's volunteers of the year for donating time to the Hospital Recovery Claims Program. See story on A6.

Weather Squadron

- Volunteer Unit of the Year: 8th Intelligence Squadron
- Volunteer Unit of the Year: 352nd Network Warfare Squadron

Readiness Assistance
Volunteers recognized are:
Anderson, Jo Lynne
Balda, Kathleen
Boenisch, Debbie
Brewer, Brian
Busby, Alyshia
Caballero, Tammy
Carmack, Natalie
Cumberland, Andrea
Denning, Susan

Fall, Raquel Green Fawn Hansen, Susan Harvey, Nancy Hayden, Ginger Kendall, Jennifer Maharrey, Judy Mellars, Michelle Meredith, Jennifer Mortiz, Jacquiline Novotny, Lauren Panaro, Susan Parker, Rebecca Patel, Chaitali Pelletier, Frances Powell, Shirley Prichard, Gigi Ray, Ronee Rogers, Yolanda Roy, Marbel

Silvia, Kimberly Strickner, Amy Tembreull, Andrea Tsuruda, Sandra Zubowicz, Beth

American Red Cross

Shaver, Connie

Volunteers recognized are: Anderson Friedel Anderson, Henry Batista, Patricia Dotson, Marylou Edgly, Sharon Gustilo, Brianna Host, George Hume, Janet Joines, Mele Kaleuati, Ruthann King, Erin Kingsbury, Kimberly Kukan, John Lauritzen, Norma Luke, Martin Mack, Carla Marks, Anita Moore, Patricia Murphy, Karen Nelson, Joel Nelson, Justine Neufeld, Lynn Parker, Rachel Petrey, Kimberly Rolsen, Suzanne Sena, Xiaohong Tirao, Myra Tyler, Kelvin Uchima, Dornaleen Windham, Kristen Wong, Richard

Military keeps tabs on 'H1N1'

WRIGHT-PATTERSON
AIR FORCE BASE, Ohio
(AFNS) — With just a few
clicks of the mouse, servicemembers, civilians and
families interested in learning more about the H1N1
Flu outbreak, otherwise
known as swine flu, can
access a variety of
resources on the Web.

Department of Defense officials created and maintain a Pandemic Influenza Watchboard, available at www.dod.mil/pandemicflu.

Also used during the H5N1 Flu outbreak, otherwise known as avian flu, the watchboard includes flu-related news articles, guidance from DOD leaders and links to information from other government agencies, such as the Centers for Disease Control and the Department of Health and Human Services.

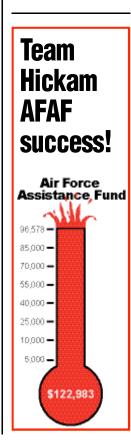
Symptoms of H1N1 are similar to those of the common flu: sore throat, fever and overall body aches such as painful joints. Following guidelines set by CDC experts, anyone who experiences such indicators should contact his or her health care provider.

To prevent infecting other people, individuals with these symptoms should stay home from work or school, as well as other public areas.

Air Force medical treatment facility commanders and public health personnel have been directed to increase surveillance for flu-like symptoms, and immediately report suspected cases of swine flu through their established service reporting systems, officials said.

Centers for Disease Control officials recom-

See FLU, A5



ACTION LINE

What to do with excess office supplies

Comment: I just finished reading the article about the Hickam AFB recycling program — excellent job by all concerned. The reason for my letter is to recommend that we also look at recycling our office supplies when possible.

On more than one occasion, I have seen serviceable office supplies such as folders,

binders, etc. in the dumpster. In addition, I have spoken to individuals who are in the process of cleaning or downsizing an office who have office supplies which they don't need.

Wouldn't it save money if there were a single collection point on the base where excess office items could be shared with other users who might need them? I'm not sure who the POC might be for something like this.

Thank you for your attention.

Response: Thank you for your comments regarding the Hickam AFB recycling program and also for your recommendations.
Unfortunately, we don't have a central

point for dropping off excess office supplies. However, announcements can be made in base E-notes advising that excess office supplies are available and whom to contact.

I encourage everyone on the installation to become actively involved with the base Reduce, Recycle and Reuse Program (RRRP). We should all be aware of what items are recyclable and it is our responsibility to ensure those items are recycled. The Environmental Flight will continue to promote the RRRP program through all available avenues and are open for recommendations.

Again, thank you for your comments, and for your efforts to help improve the environ-

ment. If you have questions please contact the Environmental Flight at 449-3179.

The Action Line is your direct link to me so we can work as a team to make Hickam a better community. I urge you to use the normal chain of command first. If you have done this and are still not satisfied, contact my commander's Action Line. If you would like me to get back to you, send your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response. I'll work on your issue and respond verbally or in writ ing

The Action Line e-mail is: 15aw.pal@hickam.af.mil.

Starve the trash can; feed the recycling box

Commentary by Frank A. Duncan 11th Civil Engineer Squadron

BOLLING AIR FORCE BASE, D.C. (AFNS) — In the corner of my office cubicle I have a standard trash can and a cardboard box. I place non-recyclable items such as candy wrappers and styrofoam cups in the trash can. In the cardboard box I place paper, plastic, glass and anything else remotely recyclable.

Making the choice to recycle is a matter of personal effort that means taking a few moments to consider what I am getting ready to throw away, and determine if it can be recycled. If it can be recycled, I place it in the cardboard box. For most paper items, the effort is small. I take a little more effort to rinse the plastic bowls or soda bottles

At the end of the month, or whenever the box is full, I sort out the wood fiber materials from the glass and plastic. I then move them into the appropriate large recycling bins in the office area. As a matter of practice, I've adjusted to starving the trash can and feeding the recycling box.

However, I can't help but observe that if a few people recycle, it does not make much of an impact. I still see a significant amount of recyclable materials in the custodial carts and the dumpsters on base.

I've also realized that recycling

is a matter of teamwork. We need to ensure our efforts are multiplied by our teammates in the office area. Talk with facility managers to ensure sufficient large officearea bins are in place. Facility managers should work with the recycling contractor to coordinate pickup schedules. Then, maybe, we could see our recycling rates improve

For us, it should be a matter of doing the right thing for the environment. However, there is a more

definite economical benefit: it can result in lower solid waste disposal costs for the Air Force. For our nation, recycling saves energy, fuel and reduces green-house gases. For example, if we were to achieve an 80 percent recycling rate, it would equate to eliminating the green house-gases generated from about 2,500 automobiles.

The key to our success is using the systems we already have in place to their full extent. If we all pitch in, we can make a difference.

The editorial deadline is the FRIDAY PRIOR to Friday publications. Prior coordination is MANDATORY. Articles and announcements must have complete information, bylines, credits and contact information.



Hickam Kukini. Write on!

Do you have unique AF experiences? Is there an issue that touches you or your family that you have written or want to write about? Public Affairs wants to hear from YOU. Contribute to the PACAF Pixels 15th Airlift Wing weblog! Submit ponderings, ideas or scribblings to 15AW.PA@hickam.af.mil with "Blog submission" in the subject line.

Stories and photos may also be published in the

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SARC Hotline

Kukini: Meaning swift and valued messenger, the Kukini in ancient times took news from one Hawaiian leader to another.



U.S. Air Force photo by Tech. Sgt. Phyllis Hanson

Staff Sgt. Ryan Stark (right) guides a 25K Halvorsen loader into position as Airman 1st Class Tyler Johnson delivers cargo pallets for upload onto a C-17 Globemaster III going to Afghanistan from Manas Air Base, Kyrgyzstan. Sergeant Stark is a loadmaster deployed with the 535th Airlift Squadron at Hickam Air Force Base. Airman Johnson is assigned 376th ELRS and is deployed from the 60th Aerial Port Squadron at Travis AFB, Calif.

535th personnel help to deliver special cargo in support of OEF

By Tech. Sgt. Phyllis Hanson 376th Air Expeditionary Wing Public Affairs

MANAS AIR BASE, Kyrgyzstan (AFNS) — Over the past five weeks, three Pacific Air Forces C-17 Globemaster IIIs have been flying round-the-clock missions from Manas to Afghanistan delivering special cargo in support of the Operation Enduring Freedom surge.

The "stage" operation set up at Manas included aircraft and personnel from 535th Airlift Squadron at Hickam Air Force Base, and the 517th Airlift Squadron at Elmendorf AFB, Alaska. The stage was established in order to expedite moving critically needed supplies to support the buildup of Afghanistan operations without interfering with missions already scheduled.

"We flew three missions a day, shipping T-2 matting that is used to build temporary aircraft parking ramps as part of the OEF build-up," said Chief Master Sgt. Jeffery Rooding, whose role while deployed here was C-17 stage manager.

"I worked daily with the planners and deputy directors to rapidly resolve issues as they came up," said Chief Rooding, the focal point for each facet such as maintenance, air terminal operations center and Tanker Airlift Control Center coordination, and aircrew issues. The command stage manager was deployed from Scott AFB,

The unofficially named 'Manas C-17 Shuttle' played an integral role in the Expeditionary Mobility Task Force triangle delivery system to move special cargo delivered from Japan via contracted 747 cargo aircraft. In turn, the C-17 crews staged at Manas were tasked to take the cargo downrange for the buildup of temporary flight ramp areas at various locations in Afghanistan.

Once the cargo arrived at Manas, the ATOC team quickly offloaded the pallets.

"Without the support of the ATOC, the transfers wouldn't have happened," said Maj. Clayne Bradley, an Air Mobility Command liaison officer. "It was pretty amazing how we all came together basically from all over the globe to work this operation," said the major. "The flyers came from Hickam and Elmendorf, and we received air mobility support from Scott AFB too.

"A great deal of effort by many people and over a dozen units, not to mention several nations, went into moving this cargo and we'd like to let everyone know what was accomplished in the end," said Major Bradley.

During this time, more than 5,280,000 pounds of cargo and more than 500 troops were carried down range. This was in addition to normal c argo and passenger movement operations that recently have moved roughly 20,000 personnel and hundreds of short tons of cargo each month from

Manas to Afghanistan and back.

"I'm on the 'throw' side of the cargo that came from Kadena AB, Japan," said Major Bradley. "Of course, Manas was in the middle and the Bastion (Afghanistan) CRT (contingency response team) 'caught' those special pallets as they came in. It's kind of like throwing a baseball around the bases to get an out at home plate," he said.

Most of the cargo came from Marine Forces Pacific to support Marines deployed to Bastion. The "total force" effort helped improve, expand and establish multiple Marine expeditionary force airfields.

"This was something special because it helped stand up another FOB and plus up another," said Tech. Sgt. George Gaines, who is the ATOC noncommissioned officer in charge. "Any time a new forward operating base is stood up it is special to us because we know we made it happen by getting the building blocks for that infrastructure in place and on time," said Sergeant Gaines.

"No doubt the most satisfying part of moving this cargo was when the last aircraft departed carrying the last of the aircraft parking matting," said Sergant Gaines, who is deployed from the 62nd Aerial Port Squadron at McChord AFB, Wash.

"It sounds cliche, but knowing we can put a 'mission complete' on our part of getting that equipment in place brings us that much closer to stabilizing the region," he said. Hickam Kukini Friday, May 1, 2009 A3

Honoring Lincoln's bicentennial on Law Day

Submitted by 15 AW/JA

"...that this nation, under God, shall have a new birth of freedom — and that government of the people, by the people, for the people, shall not perish from the earth."

 President Abraham Lincoln, from the Gettysburg Address, Nov. 19, 1863

Every year on May 1, our nation pauses to reflect on our legal system with Law Day. Since we have sworn an oath "to support and defend the Constitution of the United States," the importance of understanding our legal system cannot be overstated.

America's laws flow from our Constitution and affect our relationship with our government and with our fellow countrymen. This



year's national theme is: "A Legacy of Liberty – Celebrating Lincoln's Bicentennial."

2009 marks the bicentennial of the birth of Abraham Lincoln, regarded by many as our nation's greatest and most eloquent president. Lincoln devoted much of his adult life to the practice of law, and is considered by many as the quintessential American lawyerpresident. His background in the law informed both his actions and his oratory. This is evident in his numerous letters and speeches, such as during the famous Lincoln-Douglas debates in 1858. Lincoln argued that "writing ... is the great invention of the world."

His words and phrases have endured through time to serve as inspiration for such movements as the women suffragists and the Civil Rights movements.

While Lincoln is remembered as one of the most eloquent presidents, his legacy does not end at his written and spoken words. We celebrate Lincoln as an American president who united a nation and fought for justice.

Lincoln's presidency began during turbulent times in our young nation's fragile history. By appealing to the fundamental values of human equality, justice, and liberty as set forth in our nation's founding documents — especially the Declaration of Independence — and adhering to his own moral values, Lincoln emerged as a prominent and inspiring leader whose legacy lives on today.

Outreach to community

We can be proud of the part the military has played in furthering the principles for which Lincoln stood. All military members share in the responsibility to protect the liberties that Lincoln fought for.

To celebrate this Law Day, the 15th Airlift Wing's Law Center is again reaching out to the community, particularly to the schools attended by our children. The Law Center has taken familiar fairy tales and scripted them into trial settings to help our children learn

about the legal system.

Over the past years, Hickam, Mokulele, and Nimitz Elementary students have served jury duty acting as jurors in the trials of the Tortoise (for cheating to win the race against the Hare) and of the Big Bad Wolf (for destroying the houses of three unfortunate Little Pigs). This year, Goldilocks – from the tale of Goldilocks and the Three Bears – goes on trial. Goldilocks is accused of breaking into the house of the Three Bears and stealing their porridge.

Not only will our children learn about their legal system, but they will also hear about the value of hard work, and always giving your best.

We encourage each of you to talk to your children about what they learned, as we take time to celebrate Law Day.

Don't miss Friends of Hickam Keiki Fishing Tournament

By 15th Airlift Wing Public Affairs

HICKAM AIR FORCE BASE — The 10th annual Friends of Hickam Keiki Fishing Tournament is scheduled June 10 from 10:30 a.m. to 4:30 p.m. at Ho'omaluhia Park, Kaneohe.

This event, open to children ages 5 to 12, is limited to the first 250 children to register and is free to Hickam Air Force Base dependents.

All fishing poles, bait, food, prizes, etc. will be provided by Friends of Hickam.

To register, parents must fill out a registration form and return it to the 15th Airlift Wing Public Affairs office. The deadline for registration is May 28.

To be eligible, children must have name of an accompanying parent, guardian or escort and signed liability waiver. One adult is needed for every 3



June 2007. This year's tournament will be held June 10.

U.S. Air Force photo by Staff Sgt. Erin Smith

Joseph Haines fishes during the Keiki Fishing Tournament held by Friends of Hickam

children at the special event.

Mandatory bus transportation will be provided to and from Hickam AFB to Ho'omaluhia Park. Check in is at 10:30 a.m. at the Hickam AFB Burger King parking lot.

Participants should bring walking shoes, light rain gear, and a blanket/mat, or folding lawn chair to sit on.

Insect repellent and sunscreen are also strongly recommended.

Coolers are not authorized as snacks, beverages and lunch will be provided by the Friends of Hickam.

For more information, contact Staff Sgt. Erin Smith, 15th Airlift Wing Public Affairs, at 449-1531.

See "Hickam Featured Links" for more information and application/registration forms online at the Web site www2.hickam.af.mil.



Theft of unsecured personal property

A military family member of an Airman reported a theft of personal property from Bldg. 1310/Mokulele Elementary School.

This case is currently under investigation.

Theft of personal property

An Active Duty E-8 assigned to PACAF reported a theft of personal property on Gemini Avenue.

This case is closed no further investigation.

Damage of government property

A civilian assigned to Defense Commissary Agency reported damage of government property to Bldg 2093/Hickam Commissary.

This case is currently under investigation.

Citation totals for April 20-26

Zero abandoned vehicle notices

Eight civilian traffic citations

Four moving traffic citations

Zero non-moving traffic citations

15 OSS helps ensure capability downrange

By Lt. Col. Lynn H. Winward

Director of Operations, 15th Operations Support Squadron

HICKAM AIR FORCE $BASE-The\ 15th$ Operations Support Squadron (OSS) is a diverse organization with 13 AFSCs and 9 distinct flights. Requests for its services from airdrop support/scheduling, SERE training, intel updates, weather forecasting, and airfield support frequently come from outside the 15 AW and regularly cross AF and service lines in support of the overall PACOM theater mission.

Recently, the 15 OSS Aircrew Flight Equipment (AFE) received a priority request from the Special Operations Command, Pacific, SOCPAC. The AFE Flight inspects and maintains life sustaining equipment for aircrew and passengers including parachutes, helmets/oxygen masks, body armor,



At a recent 15 OG Commander's Call, Col. Walter Schenberger (SOCPAC SOLE Director) presents a coin to TSgt. Bobby Pickel (AFE FIt NCOIC), SSgt. Damon Marshburn (AFE NCOIC Oxygen(O2) and NVG section), and SSgt. Ezekiel Brito (AFE NCOIC Mobility Section) in recognition for their work.

weapons, night vision goggles (NVG), life rafts, and life preservers. In March, SOCPAC needed to repair and inspect 12 used NVGs ASAP. The requirement originated from the need to field quality night vision capability to contracted helicopters that support Joint Special Operations Task

Force-Philippines (JSOTF-P). The normal SOCPAC procurement method for providing night vision capability to these pilots in the past was no longer tenable, and SOCPAC staff analysis determined that the quickest way to put a quality night vision capability in their hands was to reuse the ANVIS-9 models that had been turned in to the supply system by another unit.

In less than a week, with only a few e-mails and phone calls for coordination, the AFE NVG section delivered operational NVGs. Each device



SSqt. Damon Marshburn, AFE NCOIC Oxygen (O2) and NVG section, performs a night vision goggles inspection.

required approximately one ment and reference pertihour to inspect/repair. A few of them had missing and/or broken parts, and all needed to be thoroughly cleaned and re-calibrated to meet proper specification. All parts were sourced internally requiring no extra expense to SOCPAC.

Additionally, these NVGs were a different model from the type normally maintained in house by AFE, and technicians had to take extra time to modify the testing equipnent regulations to ensure compatibility.

AFE's dedication and professionalism provided outstanding support and according to SOCPAC, "The superb partnership between the 15th AW and SOCPAC ensured a quick maintenance turn-around on these night vision goggles which ultimately improve both safety and operational effectiveness for our pilots in the Republic of the Philippines."

Friday, May 1, 2009 **A5** Hickam Kukini

COMMISSARY, From A1 -

enter the facility.

"Shopping at the Commissary is a benefit for people who earned the privilege," said Rick Means, store director. "We are willing to take a hit in sales in order to preserve the principles of the benefit."

Following the lead of Defense Department instructions, the policy here will decrease overcrowding during peak shopping periods. Keeping access to authorized patrons also promises to help minimize the necessary number of people in line at the check-out registers, according to Col. Baumgardner.

Contrary to popular belief, it actually has very little to do with making sure merchandise is well stocked, Means said. They keep up with the amount of product purchased by adjusting the orders and

inventories and making use of Hickam Commissary implelocal vendors, although "it's tough because most things have to be shipped over the water," he said.

On the mainland, people who shop at the commissary usually save on average 30 percent; here, however, it's more like 48-50 percent because of Hawaii's higher cost of living.

Commissary sales increased from \$3.5 million to \$4 millon a month last year when the U.S. economy began to slide, Means said. The Hickam AFB Commissary transactions increased again when the Pearl Harbor Commissary's "no guests" rule took effect last December. However, with all the new housing being built in the area, Means said he doesn't expect that \$4 million to decrease when the

ments the "no guests" policy.

Even though commissary staff polices the purchasing process well and prevents customers from "splitting" orders when it's obvious they're just buying for one of their guests, it's nearly impossible to completely prevent non-authorized people from shopping, Means said.

Dependent children who are age 10 and older must have a valid ID in their possession when accompanying their parents to the commissary, according to the 15 MSG. Authorized commissary patrons who physically require assistance to shop should apply for an agent card to allow an agent to shop on their behalf. For more information on an agent card. call the Hickam AFB Pass and ID at 449-9394.

FLU, From A1 -

mend individuals incorporate simple, but most effective, practices into their daily hygiene to prevent the spread of H1N1 and other strains of flu.

They include:

- 1. Hand-washing with soap and warm or hot water - cold water is not as effective for killing germs.
- 2. Using alcohol-based hand sanitizer to wash hands when soap and water are not available.
- 3. Covering your nose and mouth when you cough or sneeze.
- 4. Avoiding touching your eyes, nose or
- 5. Avoiding close contact with people who are sick; avoiding close contact with healthy people if you are sick.

For more information, the Air Force Surgeon General's office recommends using guidelines set by the CDC and civilian medical community to stay healthy.

These guidelines mirror the same principles issued during the fall and winter flu seasons, and can be accessed at the Centers for Disease Control's Web site http://www.cdc.gov/swineflu.

Air Force Link

Editor's note: As of Wednesday, April 29, there were 91 counts of laboratoryconfirmed human cases of H1N1 and one death in the United States, according to the Centers for Disease Control Web site. None of the reported cases occurred in Hawaii, according to information posted on Wednesday.

For Hickam Air Force Base informa tion on H1N1, view the Commander's Access Channel.

Volunteers helping military recover insurance money

By Chris Aguinaldo Hickam Kukini editor

HICKAM AIR FORCE BASE — Since the American Red Cross was founded by nurse and humanitarian Clara Barton, it's natural to assume that organization solely focuses on medical and disaster relief.

But those who give their time on behalf of the Red Cross help out in many different ways. Just ask Mr. and Mrs. Henry and Friedel Anderson, who are the Hickam Community Volunteers of the Year (see story on page 1)

"I have a military and civil service background. I had retired and wanted to do something of a volunteer nature," said Henry.

Which led the couple to volunteer through the Red Cross at the legal offices here at Hickam, where they have made a huge difference in the Hospital Recovery (HR) Claims Program. "It was a neglected part of the office, lowest priority," Henry recalled.

Basically, when a servicemember or dependent is involved in an accident, if there is non-military party involved, the military party may still be entitled to a claim for the money spent on medical treatment. Yet, explained Henry, those in the military are accustomed to their "free" health care and may not want to go through the trouble pursuing a claim.

That's where the Andersons come in, and Henry gives a lot of credit to his wife. "She's very persuasive."

"I pursue it and make personal contact," said Friedel. That's the key, she explained: knowing the facts and actually talking to those involved, which can be a time consuming process.

But that kind of dedication reaps results, said Col. Karen Kinlin, the 15 AW Judge Advocate. "In calendar year 2008 alone, the Andersons aggressively pursued 115 claims and singlehandedly brought in an astonishing \$100,863.91."

That money then goes back to helping medical facilities like Tripler Army Medical Center and the 15 MDG to help with equipment and other expenses.

Plus, the Andersons have been positive representatives of Hickam, Col. Kinlin said. "Henry and Friedel continue to foster great relations with the local legal, medical and insurance communities and are often sought out for their advice and assistance."

She adds that the HR program though "normally run by military paralegals is entrusted to the Andersons due to their demonstrated skill and dedication. Their generosity and devotion have saved this office countless man-hours"

Plus, adds Col. Kinlin, "Friedel regularly cooks up special treats for the office, further adding to unit morale."

Hickam Red Cross volunteer coordinator Karen Murphy said the Andersons are a shining example of the talent of retirees, who have a wealth of skills that can be dedicated to good use.

"We've got a wide variety of volunteer opportunities," Murphy adds, inviting those with the time and the desire to make a difference to come by.

Contact the Hickam Red Cross office at 449-0166.

(Editor's note: This is the second part of a series about the Hickam Red Cross. In the next installment, we meet a vol unteer "exercising" her education to help keep the force fit.)

NEWS NOTES, From A1—

with grace and strength. We'd like to take time to thank our spouses for enriching our Airmen, children, and Air Force community. There will be breakfast, entertainment, and classes. Sign up for Designing Spaces, Self Defense, Tips for Saving Money, True Colors, Organize Your Life, Taking Charge of Your Kid's Education and more. Call 449-0300.

Pool 2 closed — 15th Services' Pool #2 will be closed for Phase 1 Renovation (Baby Pool & Bathrooms) from May 4-10. For more information, call Aquatics Director Christie Nadzieja at 448-2223.

Sign up for Youth Soccer — The Hickam Youth Sports Program is now holding Soccer registration until May 15 at the Youth Sports & Fitness Center (Bldg, #1399). Youth born between 1 Sept 1993 to 1 June 2004 are eligible to sign-up. Practices begin the first week of June. Season runs 11 July to 29 August. POC is BJ Bentley or Gavin Doi at 448-4492.

Cat trapping at Hickam — 15
CES with the assistance of the USDA are currently trapping feral cats on Hickam AFB. The cats are taken to the Hawaiian Humane Society. In accordance with 15AWI 48-104, please keep your pets from roaming freely outside your residence at all times and make sure they are micro-chipped. It is against base policy to feed stray and feral cats on base. Feral and stray cats can be a threat to wildlife and are a

flight line hazard. For questions, call 15CES/CEVP at 449-3198.

Airman & Family Readiness Flight closure — The office will be closed May 6, 10:30 a.m.-1:30 p.m. for an official function.

Asian Pacific-Islander American **Heritage events** — A luncheon will be held Wednesday, May 6 at 11 a.m. at the Officers Club Lanai. Featured guest speaker is Great Grand Master Jhoon Rhee, widely known as the father of American Tae Kwon Do. This year's theme is "Leadership To Meet the Challenges of a Changing World." Ms. Buasy Machado Chairperson, APAH Month 2009 449-3535. Additional APAH events: are 8-9 May: APAH 3-Course Dinner at Tradewinds Enlisted Club (1700-2030); 14 May: APAH-featured lunch at Hale Aina Dining Facility (1030-1300) and 21 May: APAH-featured lunch at Wright Brothers Café (1030-1330).

3rd Annual Awareness Fun Run

— This will be held on May 16 at 8 a.m. at the Freedom Tower Mall (Warrior Run Path). A \$10 donation towards the Sex Abuse Treatment Center includes a free T-Shirt while supplies last. Registration begins now through the day of the fun run. The T-Shirts can be picked up the day of the race at 7:15 a.m. Contact 1Lt Amber Park at 449-6400, amber.park@hickam.af.mil or the SARC Office at 449-